

Coaching Tip: Utilizing Previous Monthly Guidances

Sometimes the guidance that your Shur Fellow presents doesn't come at the right time for the local League that you are coaching. But, the local League finds the guidance to be a valuable resource – a great coaching tool. So, what do you do?

All previously distributed guidances can be found in the MLD Coaches forum group at forum.lwv.org



Once you enter the MLD Coaches forum group, the guidances can be found under the heading **Monthly Guidance on Opportunities**. You may need to navigate past the first page in order to find the guidances.

*For more information about accessing the forum groups and joining the MLD Coaches group, refer back to the handout **MLD Coaches Group Forum Instructions**.*

How to Choose a Guidance:

Once you are looking at the list of guidances, it can feel overwhelming to choose one. Here are a few tips to picking a guidance to work through on your coaching call.

- The guidances are in chronological order as well as being labeled by topic. If you aren't sure what topic to choose, go back to a similar date in a previous year. A lot of thought goes into what guidances go out when, and while we don't always get the timing right, it is a good place to start.
- Think about themes that keep coming up on your calls. Do the teams you work with keep mentioning that they are short-handed? A guidance about Leadership Development or Nominating Committees could be very useful.
- Remember that there is no wrong choice! No one knows your teams better than you do, put that knowledge to good use when looking through the guidances.

- Ask your mentees. What would make the call meaningful? What are their goals?
How can you as a coach help them to achieve them?